



WARNING

Permanent Cosmetics IS NOT RECOMMENDED IF YOU:

- Are/have been on Accutane within the last 6 months (No Exceptions)
- Have an auto immune disorder of any kind (MSRA, Lupus, HIV/AIDS or the like)
Due to the medicines to treat these diseases, pigment will not retain
(No exceptions for MRSA, can be highly contagious)
- Are undergoing active chemotherapy. (No Exceptions)
- Heart Conditions/Pace Maker/Defibrillator (No Exceptions)
- Have any kind of skin condition near your eyebrows. (No Exceptions)
Eczema, shingles, rashes, moles, skin tags or anything else near eyebrows.
- Are under 18 years of age
- Are pregnant or nursing
- Are prone to keloids, super thin skin, Rosacea or post-inflammatory hyperpigmentation.
- Have dark pre-existing eyebrow tattoo.
We require anyone with a previous eyebrow tattoo to send us an email with a picture of their eyebrows with no makeup on or book a free consultation.

PRE PROCEDURE INSTRUCTIONS

4 WEEKS PRIOR TO PROCEDURE PLEASE AVOID:

- Dysport, Botox, or filler injections and permanent cosmetic services.

72 HOURS PRIOR TO PROCEDURE PLEASE AVOID:

- Brow hair removal of any kind. (i.e. Threading, waxing, tweezing, etc.)
- Using Retinol Products
- Brow Tinting
- Professional exfoliation treatments. (i.e. Chemical peels, Microdermabrasion, Dermaplaning, etc.)
- Excessive Sun Exposure

48 HOURS PRIOR TO PROCEDURE PLEASE AVOID:

- Taking any medications that may thin your blood. (i.e. Fish Oil, Vitamin E, Ibuprofen, Aspirin, etc.)
- Drinking Alcohol

DAY OF PROCEDURE PLEASE AVOID:

- Caffeine
- Wearing makeup

POST PROCEDURE INSTRUCTIONS

TYPICAL HEALING TIME VARIES FROM PERSON TO PERSON. ON AVERAGE IT WILL TAKE 7-14 DAYS FOR THE TREATED AREA TO HEAL COMPLETELY.

CLEANING YOUR BROWS: DAY 1-14 POST PROCEDURE

Day 1: Blot your brows with water wipes every 4-6 hours. Keep them clean and dry otherwise.

Day 2-14: Properly cleaning the treated area TWICE DAILY is essential for retaining pigment and preventing infection. If the treated area is not continuously cleaned dead skin will build up, producing hard scabs causing rapid pigment loss.

- Before cleansing thoroughly wash and dry hands. Use fingertips to gently clean treated area twice a day with recommended cleansers (Special Cleansing Gel, Cetaphil, Johnson's hypo-allergenic baby wash, Dial Foaming Anti-Bacterial soap).
- After you have gently cleansed the intradermal cosmetic area with a mild antibacterial soap, use your fingertips to rinse with water and lightly pat the area dry.
Do not rub or pick at the epithelial crust; allow dead skin to flake off naturally. Absolutely no scrubbing exfoliates, cleansing creams, or harsh chemicals.
- Apply recommended aftercare ointment (Tattoo Goo, After Inked, A&D, Aquaphore) TWICE DAILY, after cleaning until the procedure area has healed. Use a clean cotton swab to carefully blot

ointment; do not use your fingertips.

THINGS TO AVOID: DAY 1-30

- Sunbathing
- Light therapies, Chemical Peels, Laser Peels, Fruit Acids & Microdermabrasions
- Antibiotics (can lead to faster pigment fading)
- Hormonal Therapy (can lead to faster pigment fading)

THINGS TO AVOID: DAY 1-14 POST PROCEDURE

- Do not expose treated area to water pressure in the shower. DO NOT clean treated area during or directly after bathing. Heat from water or steam helps to relax and cleanse pores making skin prone to pigment loss. Wait at least an hour and a half after bathing to clean treated area or clean before bathing.
- Do not soak treated area in bath, swimming pool or hot tub. Do not swim in fresh, salt or chlorinated pool water. Refrain from spray tans, tanning beds, and high-impact activities for two weeks or until completely healed. If high-impact activities cannot be avoided use a sweat band to absorb perspiration.
- Avoid sleeping on treated area while healing. If it is uncomfortable or difficult to refrain from sleeping on the area, use the Tegaderm Film.

*Tegaderm film can be found at most drug stores in the Band-Aid aisle.

- Picking, peeling, scratching, of the microbladed areas
- ALL creams (except the post-treatment care)
- ALL makeup on the area. Avoid using sponges and makeup brushes while healing. If necessary, use clean fingertips to apply makeup, however, applying makeup to unhealed skin is not advised or recommended.
- ALL gym activities (this includes pilates, yoga and low exertion exercise)
- ALL activities that involve excess sweating (hot showers, hot or dry sauna, pools, jacuzzi) • Sunbathing, tanning beds and spray tanning
- Any laser or chemical treatment and/or peels
- Creams containing Retin A, Glycolic Acids or Renova
- Facials of any kind
- Tweezing/waxing of the brows
- Facial sun block may be used after the procedure area has completely healed to prevent future fading of pigment color. (*Only for those frequently exposed to the sun)

**If you are a blood donor, do not donate for 1 year following your procedure.
(American Red Cross guidelines)**

THE HEALING PROCESS, PIGMENT RETENTION, AND OVER ALL ESTHETICS OF YOUR HEALED MICROBLADED BROWS, MAY BE AFFECTED BY THE FOLLOWING CONDITIONS.

- If you are any of these medications, you will bleed and the pigment may not retain
 - Triflusal (Disgren)
 - Clopidogrel (Plavix)
 - Prasugrel (Effient)
 - Ticagrelor (Brilinta)
 - Ticlopidine (Ticlid)
 - Cilostazol (Pletal)
 - Vorapaxar (Zontivity)
 - Dipyridamole (Persantine)
 - Coumadin)
 - Pradaxia (dabigatran)
 - Xarelto (rivaroxaban)
 - Eliquis (apixaban)
 - Savaysa (edoxaban)
- Oily or severely oily skin
 - The hair strokes will appear more blended, solid or not retain as much
- Large pores on your forehead & in the brow area
 - Pigment will blur/blend in large pores looking powdered
- Hemophilia-Bleeding Disorder
 - Pigment may not retain
- Menopause (Considered)
 - If you have hot flashes during the procedure, the pigment may not retain and the Microblading technician may have to stop the procedure
- Platelet Disorders - Aggregation Disorders
 - An aggregation disorder is when platelets do not bind with fibrinogen and other proteins in order to stick to other platelets. As a result the platelets cannot form a plug to stop the bleeding from a damaged blood vessel.
 - Moles/Skin Tags in or around the brow area
 - Pigment will not be put into anything raised.
- Piercing in the brow area
 - Scars can cause the pigment to migrate
- Deep wrinkles in the brow area
 - The hair strokes will not lay properly in the creases, giving the brow an uneven look
- Thyroid condition and taking medication for this condition
 - Hypo, Hyper Thyroidism, Graves Disease, Hashimotos
- Fitzpatrick Skin types 1 (red heads/white skin/light eyes)

Due to hypersensitivity the skin may not take the pigment well.

- Extremely Thin skin

Transparent or Translucent or very vascular

- Frequent Exercise

Due to the frequent production of sweat(salt), the pigment WILL NOT retain, fade very quickly, appear blurred or change in color

If you work out regularly (5-7 days a week), your eyebrows WILL fade very fast due to the production of salt/sweat. Salt is used to remove permanent makeup. They WILL appear more powdered or blurred under the skin as well. Microblading Techs reserves the right to refuse future services if she feels the results won't be to the clients satisfaction.

- Tanning

ABSOLUTELY NO SUN 30 DAYS AFTER (This means you cannot go out in sun with a hat and glasses on, this means no SUN or HEAT FOR 30 days at all) If you resume tanning, the results will fade quickly, heal darker, or not retain at all

DISCLAIMER

Failure to follow post-treatment instructions may cause loss of pigment, discoloration, or infection.

Remember, colors appear brighter and more sharply defined immediately following the procedure. As healing progresses, color will lighten up to 20 - 40%.

A follow-up/perfecting procedure is required within 45-60 days following the first procedure. You will be asked to schedule a follow-up procedure at your first appointment. If follow-ups are not scheduled during the first appointment, we cannot guarantee an appointment in the recommended time frame (45-60 days).

ONE follow-up/perfecting procedure is required 4-6 weeks from the initial session. The cost of the session will be \$100+ for microBLADING and \$125+ for microSHADING. Any additional perfecting session must be scheduled within the 45-60 days following the previous procedure and are \$100.00+ for microBLADING and \$125+ for microSHADING. No more than 3 total perfecting sessions will be performed to maintain the health and integrity of the skin.

Color boosts are necessary in 6-9 months following microBLADING and 1-3 years following microSHADING to maintain color. Pricing is determined on a person by person basis at the discretion of the technician but will not exceed the current cost of an initial session.

WARNING: In the event of an allergic reaction, infection, or abnormal inflammation/ swelling please contact the body art operator at 985-709-8853 or immediately seek emergency medical care or call 911.

IF ADDITIONAL INFORMATION IS NEEDED CALL 985-709-8853